

Geographical Background on the Valley of Virginia

The wide, rich and beautiful Valley of Virginia lies between the Blue Ridge Mountains on the east and the Allegheny Mountains on the west. It extends for 220 miles from the Potomac River border of Maryland



and West Virginia southwest of the city of Roanoke, Virginia. It is often called the Shenandoah Valley, although only the northern two thirds of the valley drains into the Shenandoah River, which flows north into the Potomac River. The southern third of the Valley is in the watersheds of the James River and Roanoke Rivers, which flow east.

Use the map below and label the following:

Blue Ridge Mountains

Allegheny Mountains

Roanoke

James River

Potomac River

Shenandoah River

Valley of Virginia

Shenandoah Valley

Maryland

West Virginia

Virginia

